

## Congratulations!

Your doctor/clinician has selected you as a patient who could benefit from Micro Current Neurofeedback. While it sounds like a mouthful, the procedure is painless and only takes a few minutes to complete. Each session involves attaching several small electrode wires to various places on your scalp and then providing extremely small amounts of energy to the brain. If you think of your brain as a computer, the micro-currents of electricity help to "re-boot" the brain.

#### **Notice**

IASIS MCN is not a medical treatment, but rather the retraining of the brain and nervous system. The text and photos in this brochure are for informational purposes only.

The sole purpose of this brochure is to promote a broader consumer understanding and knowledge about IASIS MCN. It is not intended to be a substitute for professional medical advice, diagnosis, or treatment. If you believe you may have a medical condition, seek the advice of your physician or other qualified health care provider before undertaking IASIS treatment or any new health care regimen. Please don't delay seeking medical advice, and give heed to their recommendations.

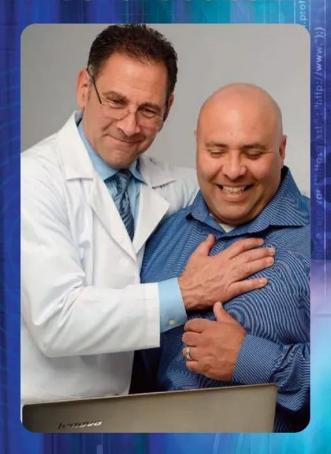


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# Micro Current Neurofeedback





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### The Science and Technology

Various studies of the brain have shown people who tend to suffer from anxiety, post-traumatic stress, depression, and other neurological conditions have shown high levels of delta wave activity.

The IASIS Micro Current Neurofeedback system has been proven to reduce or eliminate high levels of delta wave activity. Brain scans done before and after treatment sessions



#### **Success Stories**

Our experience shows that 85% of patients report a positive response within one to three treatments. For example, more then 85% of mild/moderate Traumatic Brain Injury (TBI) patients report better sleep, plus a significant reduction in headache pain and/or duration, brain fog, and impulsivity. The same is also true for many patients suffering from anxiety and PTSD. These reported changes are generally enduring and sustainable. Please visit the our website at MicrocurrentNeurofeedback.com for actual patient success stories, as well as a list of conditions for which IASIS has been found helpful.

### **Preparing for Your Session**

Feel free to arrive at your sessions in relaxed clothing. The first session is a bit longer than the others, as your information is gathered along with your initial assessment. Plan on an hour, to be on the safe side. Please do not use any

hair products on the day of your appointment. No gels or hairsprays, please. Makeup to the forehead area should also be avoided.

The staff is looking forward to working with you. Welcome aboard!



## **Record Keeping**

You will receive an IASIS Observation Sheet. To provide you with the highest level of care, on session days, please you email your results later in

the evening, to give us an accurate picture of your positive responses. It is highly recommended that you keep a written journal of your experiences and any changes you may notice.

Did colors seem more vivid? Were your thought processes marked with more clarity? Note the duration and quality of sleep. Any changes in appetite, anxiety or headaches? This is valuable information for your doctor or clinician when dialing in the treatment program specific to your needs and individual brain and central nervous system responses.

While reactions rarely occur, immediately report any adverse conditions or feelings.